






CORNELL ESTATES

June 2025

Sunday	Monday 	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 Worship Service PR 10:15 Out for a Walk ML 1:15 Movie, Rated PG-13 "Sully" MR 2:00 Family Boardgames CAC	2 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 1:00 Resident Council RLPR 2:30 Bean Bag Baseball PR	3 9:15 Stretch & Energize PR 10:00 Blood Pressure Check ML 1:15 TV show Blue Bloods MR 1:30 Shop Fred Meyer ML 1:30 Color Time CAC 3:30 Reading by Anne RLCAC 6:30 Help with Technology RLCAC	4 9:15 Stretch & Energize PR 10:00 Cornell College MR 2:30 Spanish through the Arts RLIR 2:30 Bean Bag Baseball PR 6:30 Poker RLCAC	5 9:15 Stretch & Energize PR 10:00 Brookwood Library ML 2:30 Intel Singers PR 3:30 Reading by Anne RLCAC 6:30 Pinochle RLCAC	6 9:15 Stretch & Energize PR 10:00 Bible Study with David & Anne Cliffe CAC 1:00 Crochet with Laurie SR 1:15 Movie, Rated G "The Music Man" MR 1:30 Hoffman Farms to get Berries PR 	7 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 10:15 Coffee & Conversation CAC 1:15 Movie, Rated PG-13 "Trouble with the Curve" MR 1:30 Dish Round-Up 2:00 Five Crowns CAC 2:00 Radio Show ALR
8 9:15 Worship Service PR 10:15 Out for a Walk ML 1:15 Movie, Rated PG "Mr. Holland's Opus" MR 2:00 Piano Recital with Carrie Fay Amaro's Students PR 2:30 Mexican Train RL2FA	9 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 1:30 Chef's Chat PR 2:30 Bean Bag Baseball PR	10 9:15 Stretch & Energize PR 10:00 Blood Pressure Check ML 1:15 TV show Blue Bloods MR 1:30 Shop Dollar Tree ML 1:30 Color Time CAC 3:30 Reading by Anne RLCAC	11 9:15 Stretch & Energize PR 10:00 Cornell College MR 1:30 Book Club Meets CAC 2:30 Spanish through the Arts RLIR 2:30 Bean Bag Baseball PR 6:30 Poker RLCAC	12 9:15 Stretch & Energize PR 10:00 Scenic Drive ML 2:30 HAPPY HOUR WITH Monte Watters 3:30 Reading by Anne RLCAC 6:30 Pinochle RLCAC	13 9:15 Stretch & Energize PR 10:00 Bible Study with David & Anne Cliffe CAC 1:00 Crochet with Laurie SR 1:15 Movie, Rated PG "Butch Cassidy & the Sundance Kid" MR 2:00 Craft CAC	14 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 1:30 Dish Round-Up Lunchtime Father's Day BBQ At Noon Enjoy THE DUSTY BOYS IDR 
15  9:15 Worship Service PR 2:30 Elizabeth Simmon's Celebration of Life PR	16 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 1:30 Town Hall PR 	17 9:15 Stretch & Energize PR 10:00 Blood Pressure Check ML 1:15 TV show Blue Bloods MR 1:30 Shop Walmart ML 1:30 Color Time CAC 3:30 Reading by Anne RLCAC 6:30 Help with Technology RLCAC	18 9:15 Stretch & Energize PR 10:00 Cornell College MR 1:30 Senior Serenaders Birthday Party PR 2:30 Spanish through the Arts RLIR 2:30 Bean Bag Baseball PR 6:30 Poker RLCAC	19 9:15 Stretch & Energize PR 10:00 Catholic Communion CAC 1:30 Shop at Goodwill ML 2:00 Methodist Church Visits CAC 3:30 Reading by Anne RLCAC 6:30 Pinochle RLCAC	20 9:15 Stretch & Energize PR 10:00 Bible Study with David & Anne Cliffe CAC 10:45 Lunch Juan Colorado ML 1:00 Crochet with Laurie SR 1:15 Movie, Rated PG-13 "Philomena" MR 2:30 Trivia CAC	21 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 10:15 Coffee & Conversation CAC 1:15 Movie, Rated PG "Death on the Nile" MR 1:30 Dish Round-Up 2:30 Bean Bag Baseball PR
22 9:15 Worship Service PR 10:15 Out for a Walk ML 1:15 Movie, Not Rated "Flywheel" MR 2:00 Family Boardgames CAC	23 10:00 Bingo for Chocolate RLPR 1:30 Activity Meeting PR 2:30 Bean Bag Baseball PR	24 9:15 Stretch & Energize PR 10:00 Blood Pressure Check ML 1:15 TV show Blue Bloods MR 1:30 Shop Bi-Mart ML 1:30 Color Time CAC 3:30 Reading by Anne RLCAC	25 9:15 Stretch & Energize PR 10:00 Cornell College MR 10:00 All Staff Meeting PR 2:30 Spanish through the Arts RLIR 2:30 HAPPY HOUR WITH The Joel Parker Band 6:30 Poker RLCAC	26 9:15 Stretch & Energize PR 1:30 Shop Walmart ML 3:30 Reading by Anne RLCAC 5:45 Shute Park Concert ML Alabama Tribute (6:30-8:30) 6:30 Pinochle RLCAC 	27 9:15 Stretch & Energize PR 10:00 Bible Study with David & Anne Cliffe CAC 1:00 Crochet with Laurie SR 1:15 Movie, Rated PG "UP" MR 2:30 Bean Bag Baseball PR	28 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 10:15 Coffee & Conversation CAC 1:15 Movie, Rated PG "The Lake House" MR 1:30 Dish Round-Up 2:00 Balloon Badminton PR
29 9:15 Worship Service PR 10:15 Out for a Walk ML 1:15 Movie, Rated PG-13 "The Apostle" MR 1:30 Art or Craft CAC 2:30 Mexican Train RL2FA	30 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 1:15 Movie, Rated PG "The Indian in the Cupboard" MR 2:30 Bean Bag Baseball PR	 CORNELL ESTATES Independent & Assisted Living	HAPPY BIRTHDAY! <div>6/6 Audrey Greenlee</div> <div>6/12 David Cliffe</div> <div>6/12 Kathy McLeod</div> <div>6/13 Melvin Myers</div> <div>6/15 Terry Morrill</div> <div>6/16 Meg Anderson</div> <div>6/18 June Eastman</div> <div>6/19 Natalia Stahl</div> <div>6/21 Avis O'Brian</div> <div>6/26 Linda Azavedo</div> <div>6/26 Sally Ford</div> <div>6/26 Teresa Heysler</div> <div>6/29 Aida Ingram</div> <div>6/29 Shirley Osborne</div>		AL - Assisted Living ALR - Assisted Side Living Room CAC - Cascade Activity Center - 2nd floor DO - Dental Office - 1st flr. DR - Dining Room FA - Floor Alcove IL - Independent Living	ILR - Independent Living Rm. LIB - Library - 2nd flr. ML - Main Lobby - 1st flr. MR - Movie Room - 3rd flr. PR - Party Room - 2nd flr. RL - Resident Led Activity SR - Sewing Room - 3rd flr. ACTIVITIES ARE SUBJECT TO CHANGE

DESCRIPTION OF ACTIVITIES

WORSHIP SERVICE: Join us for a Christian, non-denominational worship service. Services are led by David Cliffe, Kent Wilcox and other friends. All are welcome regardless of religious background. Join us in the Party Room.

BEANBAG BASEBALL: A really fun, easy and social game. You can even play in a seated position. Don't feel like playing? No problem, come and cheer your fellow residents on from the sidelines! Meets in the Party Room. *Sign up in Activity Binder!*

BINGO FOR CHOCOLATE: We play eight rounds of traditional Bingo, with the final round being a Blackout, and the prize is CHOCOLATE! *You had me at chocolate!* Meets in Party Room. *Sign up in Activity Binder!*

STRETCH & ENERGIZE: Exercise has been proven to improve your health, lower blood pressure, and relieve stress. This class stretches your body from head to toe, and can also be done from a seated position. We all procrastinate about exercising, but we always feel better after we do it. This class is 30 minutes long. Meets in the Party Room or patio.

CORNELL COLLEGE: In this class we watch a DVD and have a discussion afterwards. Meets in the 3rd floor Movie Room. *Sign up in Activity Binder!*

COFFEE & CONVERSATION: Meet with Annie for a nice chat on a variety of subjects with a nice cup of coffee or another beverage. Meets in the Cascade Activity Center or independent courtyard on a pretty day. *Sign up in Activity Binder!*

BIBLE STUDY WITH DAVID CLIFFE: Join David and Anne Cliffe for a weekly interfaith Bible Study. Meets in the Cascade Activity Center. *Sign up in Activity Binder!*

ART OR CRAFT: Enjoy this time creating while using different art materials. This is a fun time for experimentation, imagination, and good conversation. Meets in the Cascade Activity Center. *Sign up in Activity Binder!*

READING BY ANNE: Join resident Anne Cliffe as she reads aloud an intriguing book from start to finish. Meets in the Cascade Activity Center.

LEARN SPANISH WITH CYNDI TURTLEDOVE Learn conversational Spanish using visuals, games and song etc. Class meets in the Assisted Living Room. *Sign up in Activity Binder!*

MOVIE: Enjoy a wide range of Movies in Cornell's 3rd Floor Movie Room! Currently we schedule most movies on Friday, Saturday and Sunday afternoons. On Tuesday afternoons we have been showing a television series.

TRIVIA TIME: During this hour you will be presented with a written page of trivia questions to solve, followed by oral solo or team trivia competition. Join us in the Party Room. *Sign up in Activity Binder!*

POST ME ON YOUR FRIDGE



DISH ROUND-UP: Please set outside your door any Cornell Estates dishes before 1:30pm on Saturdays. Staff will be by to retrieve.

FAMILY BOARD GAMES... GAME FEST: Play a variety of short, simple and fun board games like Splendor and Trans America. Also, we can play your games! John and Laurie Van De Graaf will host. *Sign up in Activity Binder!*

BOOK CLUB: Enjoy reading and discussing a book with the group, or share about a book you are currently reading. Meets on the second Wednesday of the month. Marjory Berry hosts and organizes this club. *Sign up in Activity Binder!*

MEXICAN TRAIN: A super fun and easy game played with Dominoes. Meets in the 2nd Floor Alcove. *Sign up in Activity Binder!*

FIVE CROWNS: Five Crowns is a five-suited rummy-style card game that appeals to a wide array of card players! Meets in the Cascade Activity Center. *Sign up in Activity Binder!*

MORE GAMES: PINOCHLE on Thursday evenings and **SCRABBLE** on Tuesday afternoons. *Sign up in Activity Binder!*

POP-UP ACTIVITIES: Keep an ear out for announcements throughout the month, and we will try to squeeze in a few fun ideas!

MEETINGS: Residents are invited to attend all meetings.

RESIDENT COUNCIL: This month will be held on the 2nd Monday, the residents meet to discuss issues that occur within Cornell Estates. This meeting is held to order by resident council chairpersons and is not in the presence of Cornell Estates staff, unless they are formally invited to attend.

CHEF'S CHAT: This month will be held on the 3rd Monday, residents can come and talk with the kitchen staff.

TOWN HALL: This month will be held on the 4th Monday, at the Town Hall, management will talk to the residents about questions and comments shared in the previous month's Resident Council Meeting.

ACTIVITY MEETING: During this time we will be discussing next month's activity calendar. Come give your input and suggestions.