









CORNELL ESTATES

January 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AL - Assisted Living ALR - Assisted Side Living Room CAC - Cascade Activity Center - 2nd floor DO - Dental Office - 1st flr. DR - Dining Room FA - Floor Alcove IL - Independent Living	ILR - Independent Living Rm. LIB - Library - 2nd flr. ML - Main Lobby - 1st flr. MR - Movie Room - 3rd flr. PR - Party Room - 2nd flr. RL - Resident Led Activity SR - Sewing Room - 3rd flr. ACTIVITIES ARE SUBJECT TO CHANGE	1 NEW YEARS DAY! 9:15 Stretch & Energize PR 1:00 Color Time RLCAC 1:30 Scrabble RLILR 2:30 Bean Bag Baseball PR 6:30 Poker RLCAC	2 9:15 Stretch & Energize PR 10:00 Brookwood Library ML 2:30 Spanish through the Arts RLALR 3:30 Reading by Anne RLCAC 6:30 Pinochle RLCAC	3 9:15 Stretch & Energize PR 10:00 Bible Study with David & Anne Cliffe CAC 1:00 Crochet with Laurie SR 1:15 Movie, PG "Sleepless in Seattle" MR 2:00 Five Crowns CAC	4 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 10:15 Coffee & Conversation CAC 1:15 Movie, PG "The Man Who Knew Too Much" MR 1:30 Dish Round-Up
5 9:15 Worship Service PR 1:15 Movie, Not Rated "The Benny Goodman Story" MR 2:00 Mexican Train RL2FA	6 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 1:00 Resident Council RLPR 2:00 Five Crowns CAC 	7 9:15 Stretch & Energize PR 9:30 The Writers Club RLCAC 10:00 Blood Pressure Check ML 1:15 Perry Mason MR 1:30 Shop Fred Meyer ML 1:30 Color Time CAC 3:30 Reading by Anne RLCAC	8 9:15 Stretch & Energize PR 9:40 Maddy Cliffe performs two K-pop dances at end of Stretch PR 10:00 Ambassador Meeting CAC 1:30 Scrabble RLILR 1:30 Book Club Meets CAC 2:30 Bean Bag Baseball PR 6:30 Poker RLCAC	9 9:15 Stretch & Energize PR 10:45 Lunch The Meating Place ML GOODWILL PICK-UP DAY Pick-up begins after lunch! 1:30 Fire Safety Class RLMR 2:30 Spanish through the Arts RLALR 3:30 Reading by Anne RLCAC 6:30 Pinochle RLCAC	10 9:15 Stretch & Energize PR 10:00 Bible Study with David & Anne Cliffe CAC 1:00 Crochet with Laurie SR 1:15 Movie, G "The Wizard of Oz" MR 2:00 Root Beer Floats PR	11 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 10:15 Coffee & Conversation CAC 1:15 Movie, PG "Twins" MR 1:30 Dish Round-Up 2:00 Craft CAC 
12 9:15 Worship Service PR 10:20 Exercise PR 1:15 TV Show, Not Rated "Hopalong Cassidy, Riders of the Deadline" MR 2:00 Family Boardgames (Game Fest) RLCAC	13 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 1:30 Chef's Chat PR 2:30 Bean Bag Baseball PR 	14 9:15 Stretch & Energize PR 9:30 The Writers Club RLCAC 10:00 Blood Pressure Check ML 1:15 Perry Mason MR 1:30 Shop Dollar Tree ML 1:30 Color Time CAC 3:30 Reading by Anne RLCAC	15 9:15 Stretch & Energize PR 10:00 Cornell College MR 1:30 Scrabble RLILR 1:30 Senior Serenaders Birthday Party PR 2:00 Activity Dept. Clean Up 2:30 Spanish through the Arts RLALR 6:30 Poker RLCAC 	16 9:15 Stretch & Energize PR 10:00 Catholic Communion Service CAC 2:30 HAPPY HOUR with STAN LASLEY PR 3:30 Reading by Anne RLCAC 6:30 Pinochle RLCAC	17 9:15 Stretch & Energize PR 10:00 Bible Study with David & Anne Cliffe CAC 1:00 Crochet with Laurie SR 1:15 Movie, Not Rated "Anna and the King of Siam" MR 2:00 Five Crowns CAC 2:30 Bean Bag Baseball PR	18 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 10:15 Coffee & Conversation CAC 1:15 Movie, PG "Arthur" MR 1:30 Dish Round-Up 2:00 Telestrations Game with Barbara Kellar & Annie CAC
19 9:15 Worship Service PR 10:20 Exercise PR 1:15 Movie, Not Rated "Kansas Pacific" MR 1:30 Art or Craft CAC 2:30 Mexican Train RL2FA	20 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 1:30 Town Hall PR 2:30 Bean Bag Baseball PR	21 9:15 Stretch & Energize PR 9:30 The Writers Club RLCAC 10:00 Blood Pressure Check ML 1:15 Perry Mason MR 1:30 Shop Walmart ML 1:30 Color Time CAC 3:30 Reading by Anne RLCAC	22 9:15 Stretch & Energize PR 10:00 Cornell College MR 1:00 1st Wellness Workshop with Oceana Berry PR 1:30 Scrabble RLILR 2:30 Bean Bag Baseball PR 6:30 Poker RLCAC	23 9:15 Stretch & Energize PR 10:45 Lunch Reedville Café ML 1:45 Trip Assistance League Thrift Store ML 2:00 Methodist Church Visits CAC 2:30 Spanish through the Arts RLALR 3:30 Reading by Anne RLCAC 6:30 Pinochle RLCAC	24 9:15 Stretch & Energize PR 10:00 Bible Study with David & Anne Cliffe CAC 1:00 Crochet with Laurie SR 1:00 All Staff Meeting PR 1:15 Movie, PG-13 "Dragnet" MR 2:30 Balloon Badminton PR	25 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 10:15 Coffee & Conversation CAC 1:15 Movie, PG-13 "The Book Thief" MR 1:30 Dish Round-Up 2:30 Trivia CAC
26 9:15 Worship Service PR 10:20 Exercise PR 1:15 Movie, PG-13 "The Emperor's Club" MR 2:00 Family Boardgames (Game Fest) RLCAC 	27 9:15 Stretch & Energize PR 10:00 Bingo for Chocolate RLPR 2:30 Bean Bag Baseball PR	28 9:15 Stretch & Energize PR 9:30 The Writers Club RLCAC 10:00 Blood Pressure Check ML 1:15 Perry Mason MR 1:30 Shop Bi-Mart ML 1:30 Color Time CAC 3:30 Reading by Anne RLCAC	29 9:15 Stretch & Energize PR 10:00 Cornell College MR 1:30 Scrabble RLILR 2:30 Spanish through the Arts RLALR 2:30 Bean Bag Baseball PR 6:30 Poker RLCAC	30 9:15 Stretch & Energize PR 10:00 Scenic Drive ML 2:30 HAPPY HOUR with BARBARA CECIL PR 3:30 Reading by Anne RLCAC 6:30 Pinochle RLCAC	31 9:15 Stretch & Energize PR 10:00 Bible Study with David & Anne Cliffe CAC 1:00 Crochet with Laurie SR 1:15 Movie, PG "Superman the Movie" MR 2:00 Five Crowns CAC 2:30 Old Time Radio Show ILR	 HAPPY BIRTHDAY!  1/5 Arlene Judah 1/11 Barbara Kellar 1/24 Patti Hart 1/27 Nancy Allison